













Case Scenario #1

Term 39 week gestation LGA (birth weight 9lbs 6.6oz) male infant born by repeat cesarean birth following failed attempt to VBAC to a G3P3 mother who's pregnancy was complicated by diet controlled gestational diabetes. First glucose, at 1.5 hours of life is 29 mg/dL.

What can health professionals in lactation do to help this mother and her infant?

Skin to skin	Hand expression	Feed back any amount of expressed breast milk	Keep infant warm	Get mother pumping
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Case Scenario #2

Preterm SGA (birth weight 4lbs 5oz) 35 3/7 week female infant delivered vaginally to G1P1 mother's who's pregnancy was complicated by intrauterine growth restriction and chronic hypertension (requiring medications).

What can health professionals in lactation do to help this mother and her infant?

Skin to skin	Frequent hand expression	Feed back EBM with every feeding time	Keep infant warm	Get mother pumping
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Questions and Comments



Additional Resources

- <https://med.stanford.edu/newborns/professional-education/breastfeeding/hand-expressing-milk.html>
- http://www.breastmilk.com/making_enough.html
- <https://www.llli.org/breastfeeding-info/hand-expressing/>
- <https://www.llli.org/breastfeeding-info/colostrum-prenatal-antenatal-expression/>
- <https://www.llli.org/the-power-of-hand-expression/>
- <https://www.medelabreastfeeding.com/tips-and-solutions/130/how-to-manually-express-breastmilk--the-marmet-technique>
- <file:///C:/Users/cm066/Downloads/2-going-home-discharge-protocol-english.pdf>
- <https://mnbreastfeedingcoalition.org/hospital-toolkit/>
