



# *The Health Equity Journey: Strategies and Resources to Support Breastfeeding Families*

## *Minnesota Breastfeeding Coalition 11th Annual Statewide Meeting*

*Friday, November 9, 2018 • 8:00 a.m. - 4:30 p.m. • RISE by Elevation, Minneapolis*

### *Agenda*

<b>7:30 a.m. – 8:00 a.m.</b>	<b>Registration</b>
<b>8:00 a.m. – 8:15 a.m.</b>	<b>Welcome</b> <i>- Angela Watts, BA, MA, Hennepin County</i>
<b>8:15 a.m. – 9:15 a.m.</b>	<b>Place Matters: Unleashing the Power of Community to Shift Cultural Norms in Breastfeeding</b> <i>- Kimberly Seals Allers, BA, MS, Director, Maternal &amp; Child Health Communication Collective and Author of The Big Letdown - How Medicine, Big Business &amp; Feminism Undermine Breastfeeding</i>
<b>9:15 a.m. – 10:15 a.m.</b>	<b>Concurrent Sessions – choose one:</b> <b>Challenges &amp; Opportunities in Rural Maternal Child Health</b> <i>- Kristin DeArruda Wharton, RN, BA, PHN, IBCLC, Northland Breastfeeding Coalition</i> <b>Understanding Breastfeeding in Hmong and Native American Communities</b> <i>- Tiffany Yang, University of Minnesota-Twin Cities &amp; Takayla Lightfield, Division of Indian Work</i>
<b>10:15 a.m. – 10:30 a.m.</b>	<b>Break</b>
<b>10:30 a.m. – 11:30 a.m.</b>	<b>Worksite Human Milk Support and Culture Change – from Policy to Implementation</b> <i>- Thia Bryan, MA, IBCLC, HealthPartners &amp; Lucie Cregeur, BA, MBA, Best Buy</i>
<b>11:30 a.m. – 12:30 p.m.</b>	<b>Lunch provided</b>
<b>12:30 p.m. – 1:00 p.m.</b>	<b>Statewide and United State Breastfeeding Committee updates and Triple H award</b> <i>- Stephanie A. Rodriguez-Moser, IBCLC, RLC, CPST-I, Minnesota Breastfeeding Coalition &amp; Des Ahrens, MA, IBCLC, NBC-HWC, Minnesota Breastfeeding Coalition</i>
<b>1:00 p.m. – 2:00 p.m.</b>	<b>Breastfeeding Advocacy in Action: Leveraging Resources to Formulate Change</b> <i>- Des Ahrens, MA, IBCLC, NBC-HWC, Minnesota Breastfeeding Coalition</i>
<b>2:00 p.m. – 2:15 p.m.</b>	<b>Break</b>
<b>2:15 p.m. – 3:15 p.m.</b>	<b>Using an Equity Mirror and Appreciative Inquiry to Build Your Coalition</b> <i>- Pa Shasky, St. Paul - Ramsey County Public Health &amp; Linda Kopecky, MPH, Minnesota Breastfeeding Coalition</i>
<b>3:15 p.m. – 4:15 p.m.</b>	<b>Shifting the Narrative: Rewriting the “Story” of Birth and Breastfeeding to Improve Outcomes</b> <i>- Kimberly Seals Allers, BA, MS</i>
<b>4:15 p.m. – 4:30 p.m.</b>	<b>Wrap up / evaluations / door prizes</b>



Continuing education credit applications for lactation providers and dietitians submitted. 6.0 contact hours calculated to meet the MN Board of Nursing Continuing Education Requirements. The nurse is responsible for determining whether this activity meets the requirements for acceptable continuing education.

