Breastfeeding Support in Meeker, McLeod, and Sibley Counties

1. Which county do you live in?
   - Meeker
   - McLeod
   - Sibley

2. How old are you?
   - 15-20
   - 21-30
   - 31-40
   - 41-50

3. How old is your baby?
   - 1 week
   - 2 weeks
   - 3-6 weeks
   - 7-12 weeks
   - 3-6 months
   - 6-9 months
   - 9-12 months
   - older than 1 year

4. What/who influenced your decision to breastfeed?
   - Doctor
   - WIC
   - Home Visitor
   - Hospital Nurse
   - Family
   - Significant Other/Spouse
   - Friends
   - Others

http://www.surveymonkey.com/s/BreastfeedMMS
5. What supports did you have during your pregnancy related to breastfeeding?

☐ Breastfeeding class
☐ WIC
☐ Social Media
☐ Friends
☐ Family
☐ Significant other/spouse
☐ Home Visiting
☐ Nurse telephone visits
☐ OB appointment

6. What supports did you have after your baby was born related to breastfeeding?

☐ WIC
☐ Support group
☐ Home Visit
☐ Lactation consultant follow up
☐ Doctor
☐ Friends
☐ Family
☐ Significant other
☐ Social media-online mom group

7. What is/was your breastfeeding goal?

☐ Breastfeed at time of delivery
☐ Breastfeed 1 week
☐ Breastfeed 2-3 weeks
☐ Breastfeed 4-6 weeks
☐ Breastfeed 3 months

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3/27/2015
Breastfeed 6 months
☐ Breastfeed 9 months
☐ Breastfeed 1 year
☐ Breastfeed beyond 1 year

8. If you did not reach your breastfeeding goal, what do you think impacted this?
☐ Work
☐ Lack of support
☐ Milk supply concerns
☐ Teeth
☐ Changed mind
☐ Goal met
☐ Medical problem mom
☐ Medical problem baby
☐ Lack of knowledge about breastfeeding
☐ Embarrassment
☐ Pain

Other (please specify)

9. What supports would you like to see offered in your community related to breastfeeding?
☐ Support group
☐ Telephone hotline
☐ Increased clinic visits
☐ Increased Health Provider education
☐ Newborn clinic, walk in weight checks
☐ Lactation consultant visits
☐ Peer counseling in WIC program
☐ Monthly WIC visits
☐ Home visits
☐ Increased options for breastfeeding classes

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10. Anything else you would like to share about breastfeeding support in Meeker, McLeod, and Sibley Counties?

Like us on Facebook, information will soon be found on mmshealthycommunities.org

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