

Breastfeeding Support in Meeker, McLeod, and Sibley Counties

1. Which county do you live in?

- Meeker
- McLeod
- Sibley

2. How old are you?

- 15-20
- 21-30
- 31-40
- 41-50

3. How old is your baby?

- 1 week
- 2 weeks
- 3-6 weeks
- 7-12 weeks
- 3-6 months
- 6-9 months
- 9-12 months
- older than 1 year

4. What/who influenced your decision to breastfeed?

- Doctor
- WIC
- Home Visitor
- Hospital Nurse
- Family
- Significant Other/Spouse
- Friends
-

Media (TV, magazine, internet)

- Work/Employer support
- Childcare Provider

5. What supports did you have during your pregnancy related to breastfeeding?

- Breastfeeding class
- WIC
- Social Media
- Friends
- Family
- Significant other/spouse
- Home Visiting
- Nurse telephone visits
- OB appointment

6. What supports did you have after your baby was born related to breastfeeding?

- WIC
- Support group
- Home Visit
- Lactation consultant follow up
- Doctor
- Friends
- Family
- Significant other
- Social media-online mom group

7. What is/was your breastfeeding goal?

- Breastfeed at time of delivery
- Breastfeed 1 week
- Breastfeed 2-3 weeks
- Breastfeed 4-6 weeks
- Breastfeed 3 months
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- Breastfeed 6 months
- Breastfeed 9 months
- Breastfeed 1 year
- Breastfeed beyond 1 year

8. If you did not reach your breastfeeding goal, what do you think impacted this?

- Work
- Lack of support
- Milk supply concerns
- Teeth
- Changed mind
- Goal met
- Medical problem mom
- Medical problem baby
- Lack of knowledge about breastfeeding
- Embarrassment
- Pain

Other (please specify)

9. What supports would you like to see offered in your community related to breastfeeding?

- Support group
- Telephone hotline
- Increased clinic visits
- Increased Health Provider education
- Newborn clinic, walk in weight checks
- Lactation consultant visits
- Peer counseling in WIC program
- Monthly WIC visits
- Home visits
- Increased options for breastfeeding classes

10. Anything else you would like to share about breastfeeding support in Meeker, McLeod, and Sibley Counties?

Like us on Facebook, information will soon be found on mmshealthycommunities.org



Done

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