

Baby Friendly Journey....

Step # 7 Rooming In

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Step 7: Rooming-In

- Practice “rooming-in”-- allow mothers and infants to remain together 24 hours a day.



Rooming-In : Step 7

- Environmental steps to support Rooming In:
 - Pediatric rounds
 - Sink
 - Glide rocker
 - Refrigerator
 - Bathrooms
 - Room Service
 - CARE channel

Rooming-In : Step 7

- **Mother/Baby Couplet Care is the staffing model.**
- All transition cares after the birth occur in mother's room
- Overhead warmer
- Baby stays in room except for lab draws, circumcisions, and hearing screens – no nursery
- Weights are completed in mother/baby room
- No designated nursery staff

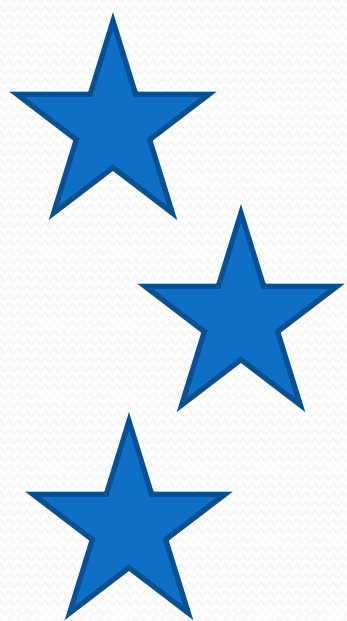
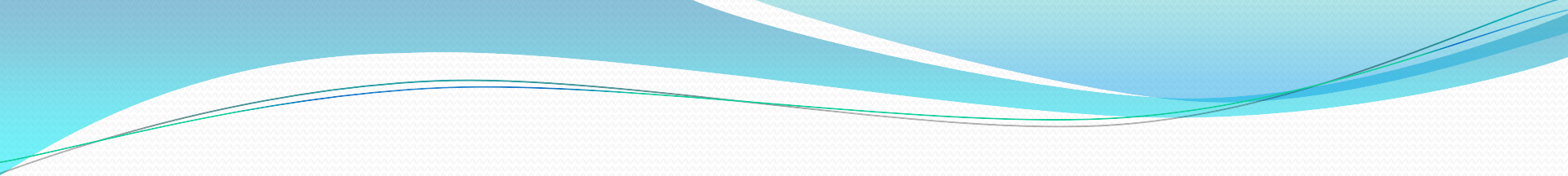
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Quiet Time:

Mothers encouraged at admission to start practicing sleeping when baby sleeps (role modeling plan for at home)

Laminated signs to facilitate no interruptions during “quiet time” that the mother determines.







Questions