MINNESOTA HOSPITAL SURVEY DATA

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(With support from the Minnesota Breastfeeding Coalition: Linda Dech, MPH, IBCLC and Pamela Heggie, MD, IBCLC)
Goal:

Obtain baseline data from Minnesota hospitals and birth centers before the first Perinatal Hospital Leadership Summit.
Response Rate:
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\frac{66}{92} = 71.7\%
\]
Do Minnesota Hospitals have a written breastfeeding policy?
Do Minnesota hospitals pay for Formula?

28/66 (42.4%) of respondents say “yes”.
Do Minnesota Hospitals give out Discharge Bags?

• 29/66 (43.9%) of respondents say “yes”

Of those who give out Discharge Bags, is free formula included?

17/29 (58.6%) of those say “yes”
Are MN hospitals supporting “rooming in”?

Mothers and babies sleeping in same room at least 70% of the time

- Yes
- No
Are MN Hospitals certified as “Baby Friendly”?

Designated "Baby Friendly"  "Baby Friendly" Letter of Intent

- Yes
- No
Are Minnesota Hospitals working on the “Ten Steps to Successful Breastfeeding”?

- 48/66 (73%) of respondents are working on some steps
The Ten Steps

1. Written Breastfeeding Policy
2. Train all Healthcare Staff
3. Inform all Pregnant Women of Benefits
4. Help Mothers Initiate BF within One Hour
5. Show Mothers How to BF and Maintain Lactation
6. Give Newborn Infants Only Breastmilk
7. Practice Rooming In
8. Encourage BF on Demand
9. Give No Pacifiers or Artificial Nipples to Breastfeeding Infants
10. Foster the Establishment of BF Support Groups