



# MINNESOTA HOSPITAL SURVEY DATA

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Minnesota Breastfeeding  
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# Goal:

Obtain baseline data from Minnesota hospitals and birth centers before the first Perinatal Hospital Leadership Summit

# Response Rate:

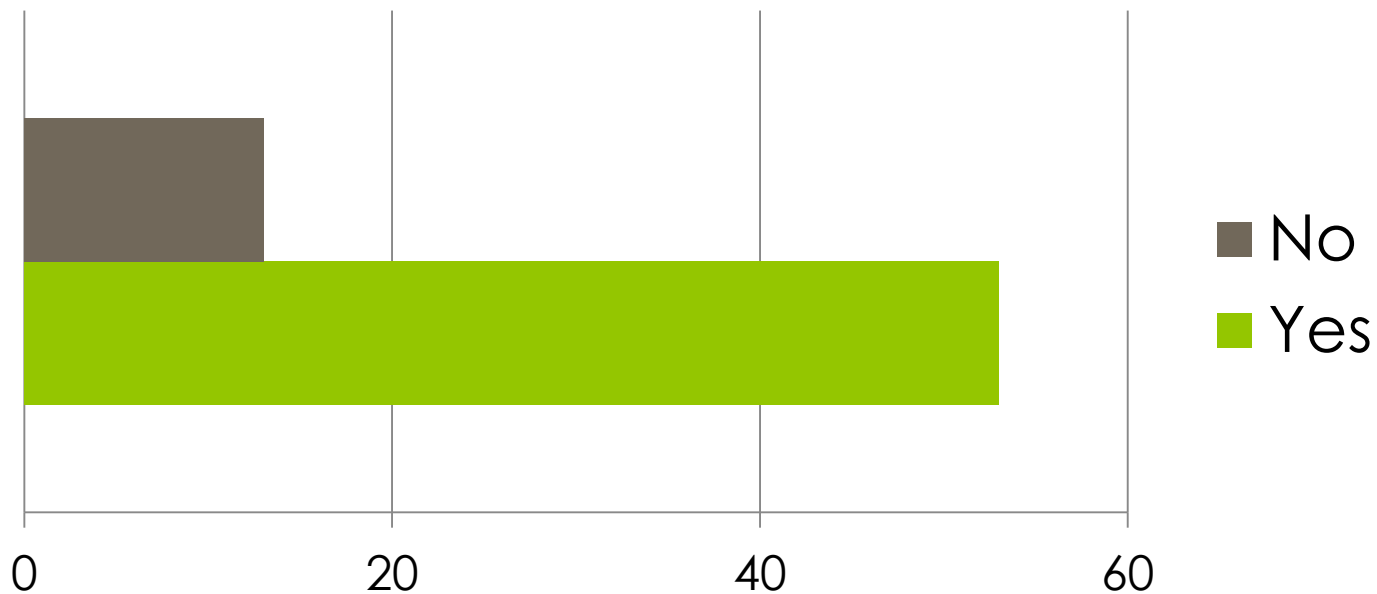
$$66/92 = 71.7\%$$



■ Response

■ No Response

# Do Minnesota Hospitals have a written breastfeeding policy?



Do Minnesota  
hospitals  
pay for Formula?

28/66 (42.4%) of  
respondents say “yes”.

## Do Minnesota Hospitals give out Discharge Bags?

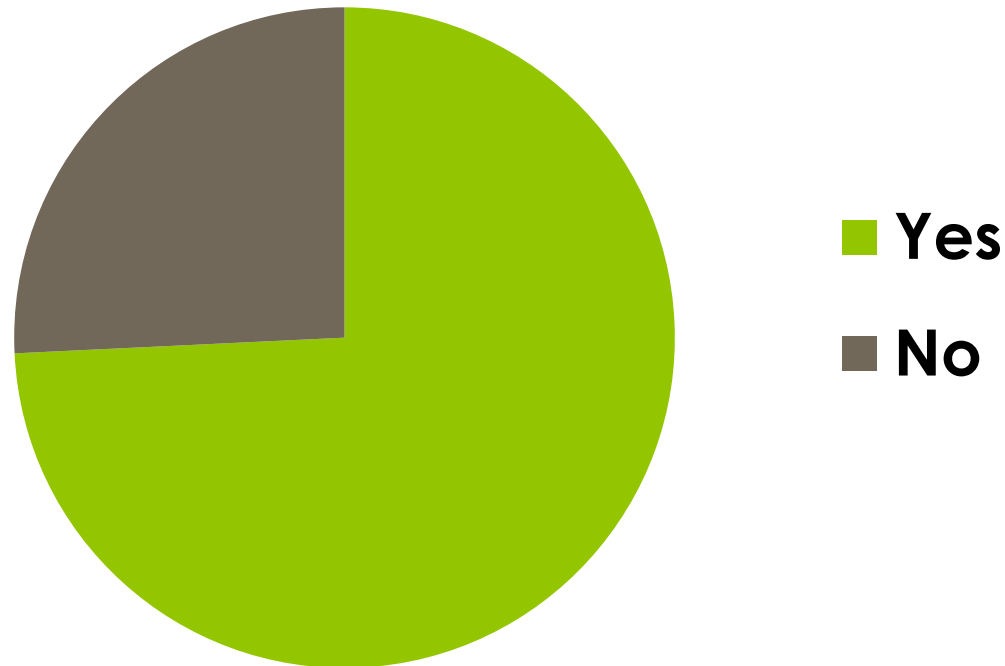
- 29/66 (43.9%) of respondents say “yes”

Of those who give out  
Discharge Bags, is free formula  
included?

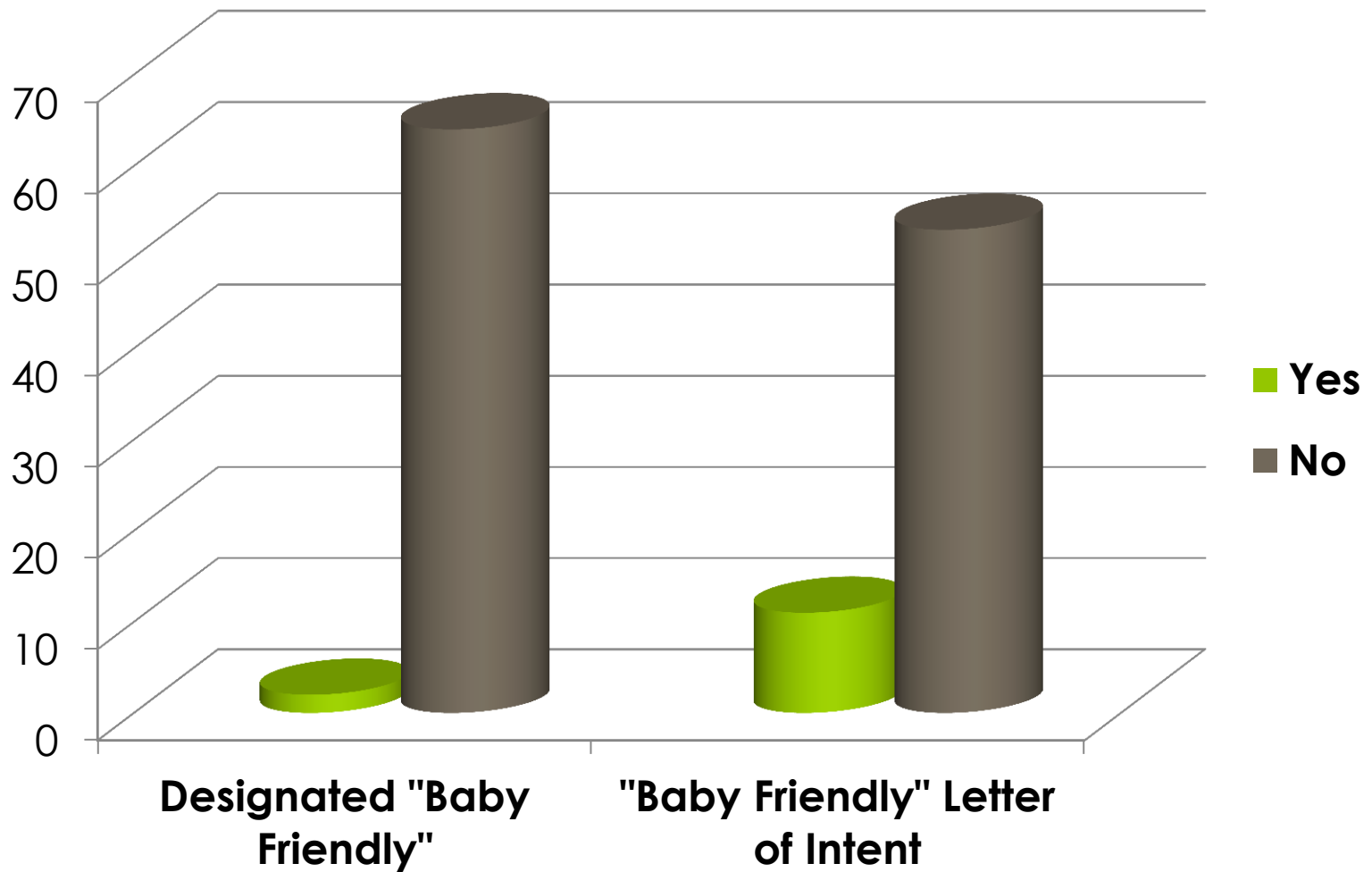
17/29 (58.6%) of those say “yes”

# Are MN hospitals supporting “rooming in”?

**Mothers and babies sleeping in same room at least 70% of the time**



# Are MN Hospitals certified as "Baby Friendly"?





# Are Minnesota Hospitals working on the “Ten Steps to Successful Breastfeeding”?

- 48/66 (73%) of respondents are working on some steps

# The Ten Steps

1. Written  
Breastfeeding Policy

2. Train all  
Healthcare Staff

3. Inform all  
Pregnant Women of  
Benefits

4. Help Mothers  
Initiate BF within  
One Hour

5. Show Mothers  
How to BF and  
Maintain Lactation

6. Give Newborn  
Infants Only  
Breastmilk

7. Practice  
Rooming In

8. Encourage BF on  
Demand

9. Give No Pacifiers  
or Artificial Nipples  
to Breastfeeding  
Infants

10. Foster the  
Establishment of BF  
Support Groups