

4th Perinatal Hospital Leadership Summit

Strategies to Increase Exclusive Breastmilk Feeding in Hospitals

Earle Brown Heritage Center, Brooklyn Center

Agenda

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| 7:30 a.m. – 8:00 a.m. | Registration |
| 8:00 a.m. – 8:15 a.m. | Welcome – <i>Pamela Heggie, MD, IBCLC, FAAP, Central Pediatrics, MN Breastfeeding Coalition</i> |
| 8:15 a.m. – 9:15 a.m. | Evidence-based Infant Feeding: What the research says <i>Jesse Hennem, MD, FAAP, FACP, Allina Health</i> |
| 9:15 a.m. – 10:15 a.m. | More Milk: Maximizing milk supply before hospital discharge <i>Jane Morton, MD, FAAP, FABM, Stanford University</i> |
| 10:15 a.m. – 10:30 a.m. | Break |
| 10:30 a.m. – 11:30 a.m. | Panel I: Pasteurized Human Donor Milk: Practical tips for clinical care <i>Nancy Fahim, MD, Neonatology, University of Minnesota</i> <i>Cathy Anderson, RN, BSN, and Evelyn Lindholm, RNC, IBCLC, North Memorial Medical Center</i> <i>Katherine Todd, RNC, DNP, and Jill Lindquist RNC, IBCLC, Methodist Hospital</i> |
| 11:30 a.m. – 11:45 a.m. | Resources for Hospitals and Clinics: Toolkits and more <i>Joanne Wesley, BA, IBCLC, MN Breastfeeding Coalition</i> |
| 11:45 a.m. – 12:45 p.m. | Lunch provided |
| 12:45 p.m. – 1:00 p.m. | MBC Hospital Survey – <i>Lisa Roberts, UM SPH MPH candidate</i> |
| 1:00 p.m. – 1:30 p.m. | How Supporting Breastfeeding Advances Health Equity <i>Commissioner Ed Ehlinger, MD, MSPH, Minnesota Department of Health</i> |
| 1:30 p.m. – 2:30 p.m. | Panel II: Baby-Friendly Narratives: Stories about the journey <i>Missy Lake, RN, IBCLC, Essentia Health, St. Joseph's Medical Center</i> <i>Char Dekraker, RN, IBCLC, Fairview Northland Medical Center</i> <i>Yeng Yang, MD, FAAP, Maple Grove and North Memorial Hospitals</i> |
| 2:30 p.m. – 2:45 p.m. | Break |
| 2:45 p.m. – 3:45 p.m. | Thinking Outside the Box: Baby-Friendly bedside care for high and low-risk infants <i>Jane Morton, MD, FAAP, FABM, Stanford University</i> |
| 3:45 p.m. – 4:00 p.m. | Hospital Workplace Recognition Award, Evaluations, and Closing |

4th Perinatal Hospital Leadership Summit

Strategies to Increase Exclusive Breastmilk Feeding in Hospitals - May 19, 2016

Evidence-based Infant Feeding: What the research says

1.0 CERP, 1.2 CME/CEU

Jesse Hennum, MD, FAAP, FACP, Hospitalist - Internal Medicine & Pediatrics, Allina Health

Objectives:

1. Explain evidence-based infant feeding including the science behind why artificial milk has risks.
 2. Discuss implementation and updates to the Joint Commission Perinatal Core Measurement on exclusive breastmilk feeding (PC-05).
 3. Describe ways to increase exclusive breastmilk feeding rates in hospitals.
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More Milk: Maximizing milk supply before hospital discharge

1.0 CERP, 1.2 CME/CEU

Jane Morton, MD, FAAP, FABM, Stanford University

Objectives:

1. Help participants understand the scope of the problem of perceived and real insufficient milk production in mothers of both term and preterm infants and the impact on exclusivity.
 2. Discuss current evidence supporting the use of early hand expression and the influence of this technique on milk composition and subsequent milk production.
 3. Discuss current evidence supporting the use of hands-on pumping after lactogenesis and the influence of this technique on both milk production and milk composition.
 4. Explain the practical implications of incorporating this research into current breastfeeding bedside care.
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Panel I: Pasteurized Human Donor Milk: Practical tips for clinical care

1.0 CERP, 1.2 CME/CEU

Nancy Fahim, MD - Neonatology, Assistant Professor of Pediatrics, University of Minnesota

Cathy Anderson, RN, BSN, Director of Women and Children's Services, and Evelyn Lindholm, RNC, IBCLC, North Memorial Medical Center

Katherine Todd, RNC, DNP, Director of Nursing and Hospital Operations, and Jill Lindquist, RNC, IBCLC, Methodist Hospital

Objectives:

1. Describe the importance of pasteurized human donor milk as an option for medically indicated supplementation in both the postpartum unit and NICU.
 2. Explain how donor milk helps to increase exclusive breastfeeding rates in hospitals.
 3. Identify essential items in a donor milk clinical program including consent form, information sharing and policy.
 4. Describe how a milk depot (breast milk collection site) can enhance a donor milk program.
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How Supporting Breastfeeding Advances Health Equity

0.5 CERP, 0.6 CME/CEU

Ed Ehlinger, MD, MSPH, Minnesota Department of Health Commissioner

Objectives:

1. Describe health disparities in MN by race and factors that influence these disparities.
 2. Outline how improving exclusive breastmilk feeding rates in hospitals addresses statewide health disparities and advances health equity.
 3. Describe the MDH breastfeeding recognition program for maternity centers in Minnesota.
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Panel II: Baby-Friendly Narratives: Stories about the Journey

1.0 CERP, 1.2 CME/CEU

Missy Lake, RN, IBCLC, ICCE, Prenatal Education & Lactation Services Coordinator, Essentia Health, St. Joseph's Medical Center

Char Dekraker, RN, IBCLC, Patient Care Supervisor, Fairview Northland Medical Center, Birthplace

Yeng Yang, MD, FAAP, Medical Director of Pediatric and Newborn Medicine, Maple Grove Hospital

Objectives:

1. Discuss how hospitals begin the Baby-Friendly Hospital Initiative.
 2. Identify successes and challenges faced when implementing the Baby-Friendly Ten Steps to Successful Breastfeeding and ways to address these issues.
 3. Describe how hospitals plan to sustain the changes they have implemented.
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Thinking Outside the Box: Baby-Friendly bedside care for high and low-risk infants

1.0 CERP, 1.2 CME/CEU

Jane Morton, MD, FAAP, FABM, Stanford University

Objectives:

1. Discuss collaborative lactation care at the bedside for low and high-risk mother-baby dyads to improve exclusive breastfeeding.
2. Describe how to achieve preventative versus problem-based breastfeeding care for low and at-risk dyads in a sustainable model that respects time, skills and resources.