Table topics are intended to be informal discussions with a facilitator. There will be two sessions with the same table topics so you will be able to attend the two you are most interested in. Each table accommodates about 12 people, so please look over this list and find a few topics that may be of interest in case your first choice is full.

**Informal Milk Sharing:** The best idea since sliced bread, or a disaster waiting to happen?
Share facts, opinions and ideas on dealing with informal milk sharing, personally or with women you serve.

facilitators:  Marcia McCoy, Hennepin County WIC
Jennifer L. DeJong, Concordia College Nursing Department Moorhead, MN

**Prenatal Patient Education Materials:** This session will highlight materials from the “Breastfeeding Toolkit for the Perinatal Clinic Setting” currently being developed by the Washington County Breastfeeding Coalition. Learn the rationale behind the Toolkit, view clinic materials and patient handouts developed by our coalition, and hear our plans for using the toolkit within our county. Attendees are encouraged to bring their own patient education materials to share.

facilitators:  Sheila Humphrey, Fairview Lakes Medical Center
Maggie Domski, Washington County WIC Program

**Joint Commission Speak Up Campaign:** Breastfeeding is natural for you and your baby, but it is a skill that needs to be learned. Speak up and ask questions about breastfeeding before your baby is born and while you are in the hospital.

facilitators:  Dana Rae Barr, Hennepin County Medical Center
Melissa Crawford Kestner, Crawford & Kestner, P.A.
**Got an Idea for a Project? The Roadmap to Funding Your Dream:** The MBC wants to hear your ideas for breastfeeding projects that have an impact on your community. Here are some questions to consider: Who will this project target, what is the need being addressed, what will address the need, what outcomes would you like to see, how will these outcomes be measured, how much funding is needed and how is this sustainable?

facilitator: Linda Dech, Minnesota Department of Health, WIC Program

**Supporting Breastfeeding in Child Care:** It is crucial that mothers receive support for breastfeeding in their child care programs as well as in their workplaces. Share experiences, ask questions, and find out about resources for child care providers who want to support breastfeeding in their center and home-based programs.

facilitators: Joyce O'Meara, Physical Activity and Nutrition in Early Childhood, Minnesota Department of Health

Holly Prestegaard, MN Center of Professional Development and Eager to Learn

**Ban the Bags: Eliminating Formula Marketing in Health Care Settings:** Market for your hospital or clinic- NOT the formula company! Share success stories and challenges to removing formula discharge bags from health care systems. Hear about what other states are doing to Ban the Bags—Minnesota can do it too!

facilitators: Pam Heggie, University of Minnesota Amplatz Children’s Hospital, Fairview

Juliann Van Liew, MPH student, University of Minnesota

**Donor Milk:** Policy and Procedures put in place to promote Donor Human Milk Program in a hospital setting.

facilitators: Jeanette Schwartz, HealthEast Woodwinds

Jill Zimmermann, North Memorial

Evelyn Lindholm, North Memorial

**Social Networking:** Effectively using social media to promote non-profit organizations.

facilitator: Natasha Reilly, Scott Carver CAP Agency

**Community Events: Ideas to Use to Promote Breastfeeding:** Learn about events that promote, celebrate, and support breastfeeding. Representatives from several community programs will share the what, why, and how of their events. You'll have the chance to take back tips and ideas to use in your community.

facilitator: Mary Johnson, Minnesota WIC Program

**Involving Dads, Grandparents and Other Support People in Breastfeeding Support:** Discuss creative ways for involving fathers, grandparents and other support people to make breastfeeding easier for mothers and babies.

facilitator: Dr. M. Osita Nwaneri, Mayo Clinic Health System in Red Wing