

Involving Dads, etc

Report Form

Notes/Key Points:

- Grandmother is a respected voice in breastfeeding support
- Grandmothers have different cultural roles in different cultures
  - For the Hmong-paternal grandmother
  - For the African American, usually maternal grandmother
- Sharing Stories by grandmothers as well as other relatives about their breastfeeding experience helps support mothers
- Get mother's support network involved early in the process when babysitting plans are being discussed
- Ask who their support is, and get some education to them too
- Modify the teaching to ways that Dads can relate to visually
  - Mom is a co-worker, Dad has a different role but will support the co-worker when she cannot meet up with all her roles
- WIC gives information to support network before baby comes
- Peer Counselors give support especially with early referrals
- Grandmothers and dad's should give confidence, guidance, ask questions
- Getting children in school to know about breastfeeding as first source of nutrition before they begin to associate it with sex.

Links/Resources:

- Daddy's Toolbox-online includes video resources
- Dr. Gail Christopher-USBC website video focuses on educating children about feedings
- See References and Handouts