

## **Donor Human Milk Recipient Information**

The American Academy of Pediatrics state, "With rare exceptions, human milk is the preferred feeding for all infants, including premature and sick newborns." A mother's own milk is always preferable; however, when not available, milk given generously by screened donor mothers may be the next best feeding option.

## **Quality of Donor Milk**

All milk your baby receives has been pasteurized. This process destroys the bacteria that may have been present in the human milk while preserving most of the nutritional and immunological components. Donor human milk provides protection and nourishment that cannot be duplicated by breast milk substitutes (formula).

## **Milk Safety**

HealthEast will always obtain pasteurized donor human milk from a milk bank that is a member of the Human Milk Banking Association of North America. The triple screening process required by the Human Milk Banking Association of North America guidelines has resulted in no transmission of disease or illness from milk provided by a member bank since its establishment (1980). Mothers who donate have passed multiple screening levels including a verbal and written documentation of their dietary, lifestyle and medical history, a medical release from the physician of both the mother and her baby, blood testing of the donor for communicable diseases and culturing of the donated milk after pasteurization. These processes adhere to the standards established by the Human Milk Banking Association of North America, in conjunction with the Food and Drug Administration and the Centers for Disease Control. These standards are reviewed annually.

Milk Bank donors are special mothers just like you. They are healthy mothers who care about others, particularly babies. They are usually nursing their own babies and producing more milk than their baby can use. They choose to donate this surplus milk to a milk bank. For this generous act, they receive no payment, only the personal reward that comes from knowing they have helped to improve the lives of other babies. All donors receive instructions in the collection and handling of their milk, including meticulous hand washing and sterilization of their breast pumps. We provide sterile collection containers for milk storage. The donor cannot be taking most medications or herbs and she and her family must be well during the time she donates.

I have been given information regarding donor human breast milk.

I have reviewed information on the benefits of donor milk. I understand that there are currently no known risks related to the use of donor breast milk, however, risks may possibly exist which cannot be detected by current technology. I am comfortable providing donor milk to my child. My questions have been answered to my satisfaction.

I have read this consent form and understand that by signing this I agree for **donor milk** instead of infant formula to be fed to my child.

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Date and Time

\_\_\_\_\_  
Printed Name of Parent/Guardian

\_\_\_\_\_  
Signature of Witness

\_\_\_\_\_  
Date and Time

\_\_\_\_\_  
Printed Name of Witness

I have read this consent form and understand that by signing this I agree for **infant formula** instead of donor milk to be fed to my child.

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Date and Time

\_\_\_\_\_  
Printed Name of Parent/Guardian

\_\_\_\_\_  
Signature of Witness

\_\_\_\_\_  
Date and Time

\_\_\_\_\_  
Printed Name of Witness

## Information Sheet for Staff: Pasteurized Human Milk

### **What is pasteurization?**

- Pasteurization is heat treating any type of milk to inactivate any pathogens
- Pasteurization or heat-treating is done to all donated milk
- It is heated at 62.5 degrees Celsius for 30 minutes then frozen at -18 degrees Celsius
- Frozen donor milk may be stored frozen for 6-9 months

### **What are the screenings involved before milk is ready for use?**

- Verbal screening of the possible donating mother by the Milk Bank
- Written screening signed by the donating mother
- Blood testing done on the donating mother
- Pasteurization of the milk
- Bacteria count after pasteurization

### **What are the costs involved?**

- Currently there is no insurance coverage for the use of donor milk
- There is no extra costs to the families during baby's hospitalization
- We get our donor milk from Colorado Human Milk Bank
- If families wish to continue to provide donor milk after discharge, information will be given to them
- The current costs are \$4.00/oz and they come in frozen 4 oz bottles

### **How do I give this milk to the baby?**

- Milk is stored in the NICU freezer/SCN freezer
- Once thawed, the milk needs to be used in 48 hours
- Use a sterile syringe for drawing from thawed bottle – place a baby label on the syringe
- More than one infants feeding can be drawn from the same thawed bottle
- Gently swirl before drawing to help mix the fat which naturally rises to the top during storage
- Use the bottle warmer for thawing and warming
- Never microwave or thaw in hot water
- Thawed milk should not be refrozen
- Thawed milk will be stored in the Nursery refrigerator
- Draw up only what you might need for that particular feeding
- Unused warmed milk may stay in the syringe on ice in the mother's room until the next feeding



**Pasteurized Donor Human Milk Information for Parents  
Acknowledgement**

You have chosen pasteurized donor milk for your infant.  
Please review this information. Our staff will answer any questions you may have.

**Donor Human Milk**

The American Academy of Pediatrics state a mother's own milk is always the first choice for her infant. When mother's milk is not available, donor breast milk may be the next best feeding choice.

- Donor human milk provides protection and nourishment that is not found in infant formula.

Woodwinds will get donor milk from a milk bank that is a member of The Human Milk Banking Association of North America (HMBANA). This organization has guidelines to keep donor milk safe.

**Quality of Donor Milk**

All donor milk your baby receives has been pasteurized (heated). This process destroys the bacteria and viruses that may have been in the human milk. Most of the nutrients and cells that protect infants from illness are still present.

- Mothers who donate are healthy. They have passed screenings for illnesses such as HIV and hepatitis B.
- Mothers are not paid for their breast milk.

I have read the above information and have had my questions answered to my satisfaction.

Parent / Guardian signature \_\_\_\_\_ Date \_\_\_\_\_

Witness (print) \_\_\_\_\_ Date \_\_\_\_\_

Interpreter (print) \_\_\_\_\_ Date \_\_\_\_\_ Language \_\_\_\_\_

Materials provided by HealthEast Patient Education Service. For 24 hour access and referral:  
HealthEast Care Connection: 651/326-CARE (2273) • 1-866-326-CARE (toll free)  
• www.healtheast.org

Location Options to Obtain Donor Breastmilk after  
Hospital Discharge

Mother's Milk Bank of Iowa  
University of Iowa at Liberty Square  
Coralville, IA 52241

Phone: (319) 356-2652  
Phone: (877) 891-5347

\*Prescription required by a healthcare provider with prescriptive privileges

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Mother's Milk Bank Presbyterian/St. Luke's Medical Center  
1719 E 19th Ave  
Denver, CO 80218

Phone (303) 869-1888

\*Prescription required by a healthcare provider with prescriptive privileges

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Healthy Foundations Family Health & Birth Center  
968 Grand Ave  
St. Paul, MN 55105

Phone (651) 895-2520

(For further information and pricing, please call the facility directly.)