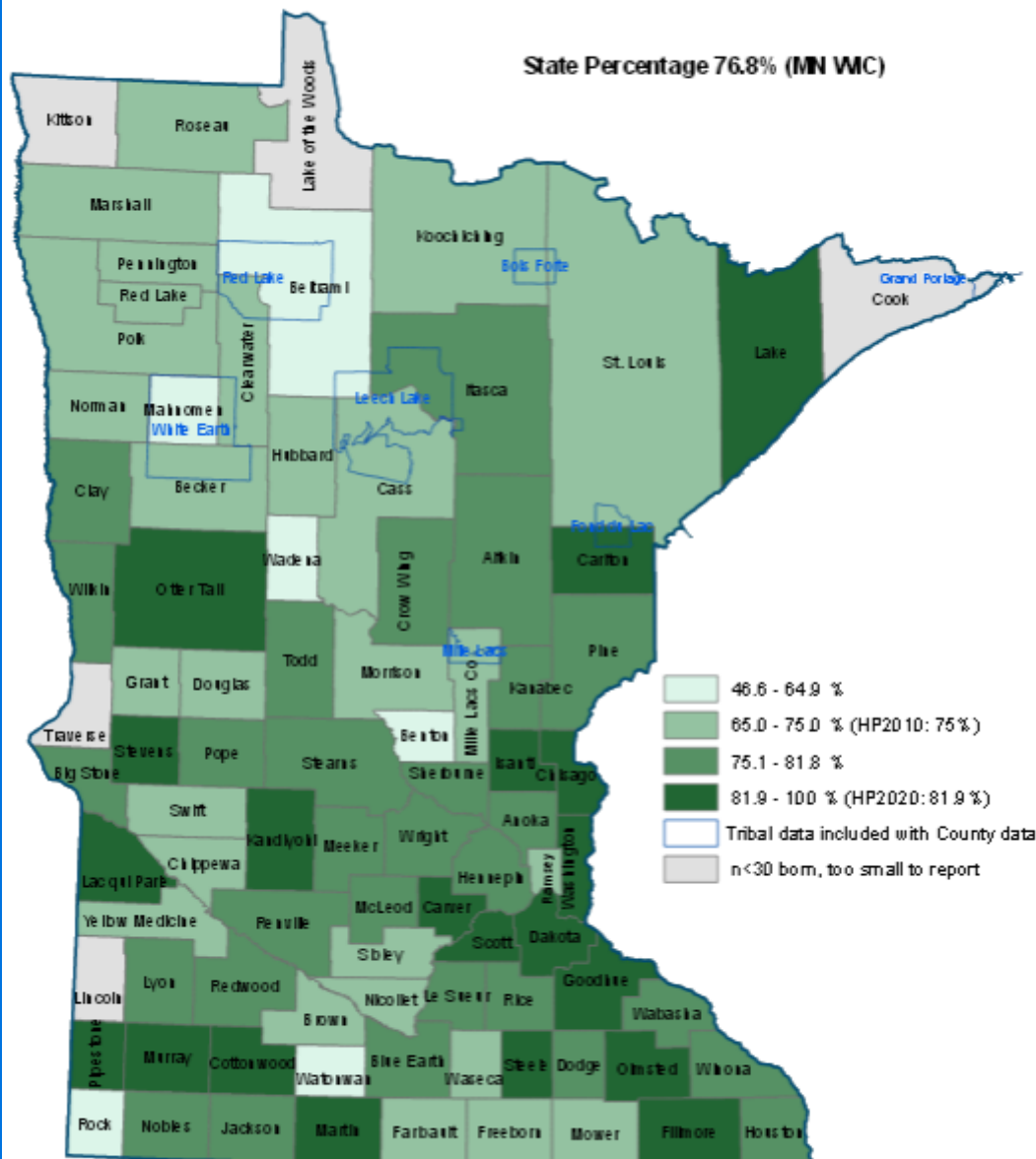


Breastfeeding in Minnesota

Good news!

- Breastfeeding rates are increasing.
- We have more sources of breastfeeding data.
- There are more Baby-Friendly Hospitals.

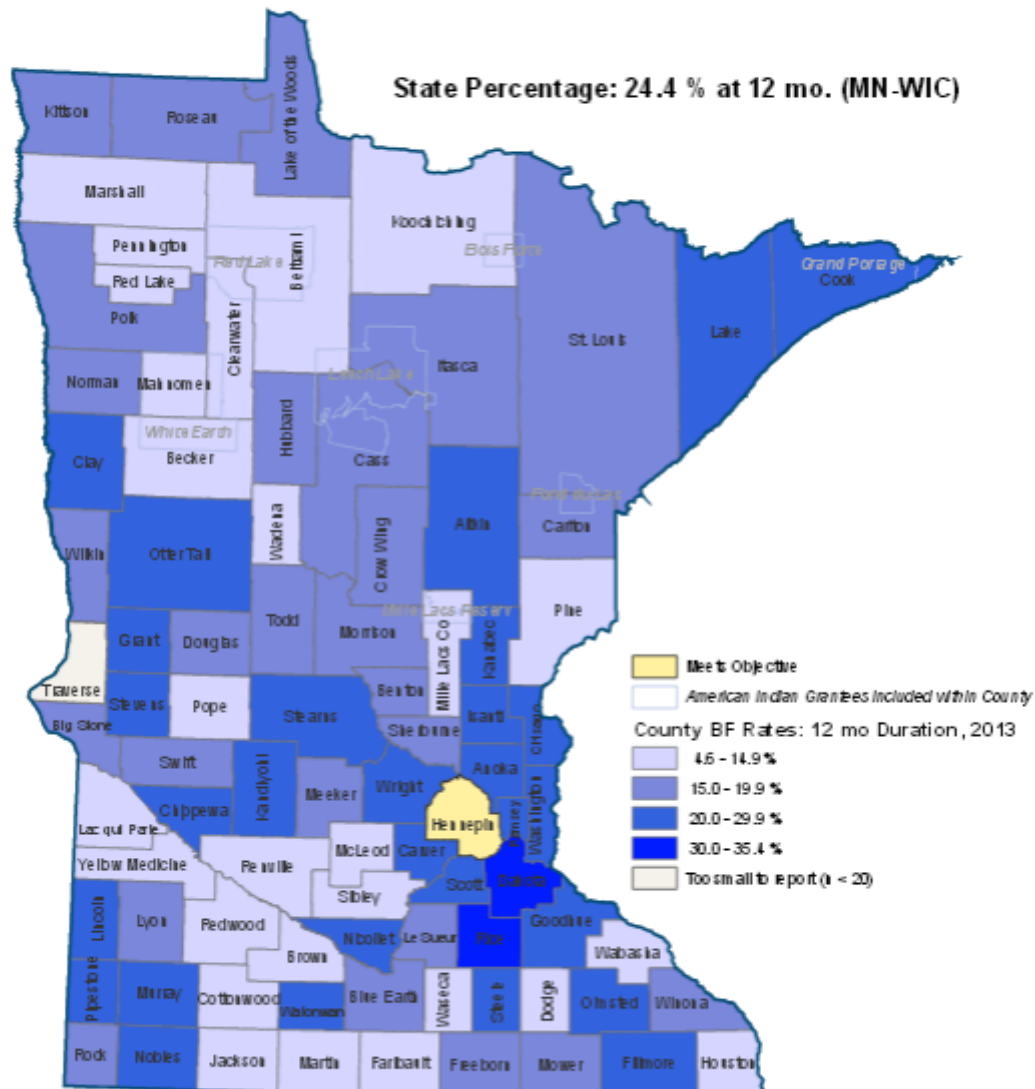
Breastfeeding Initiation in Minnesota WIC by County of Residence, 2013



Source: MN-WIC Information System, Births in Calendar Year 2013

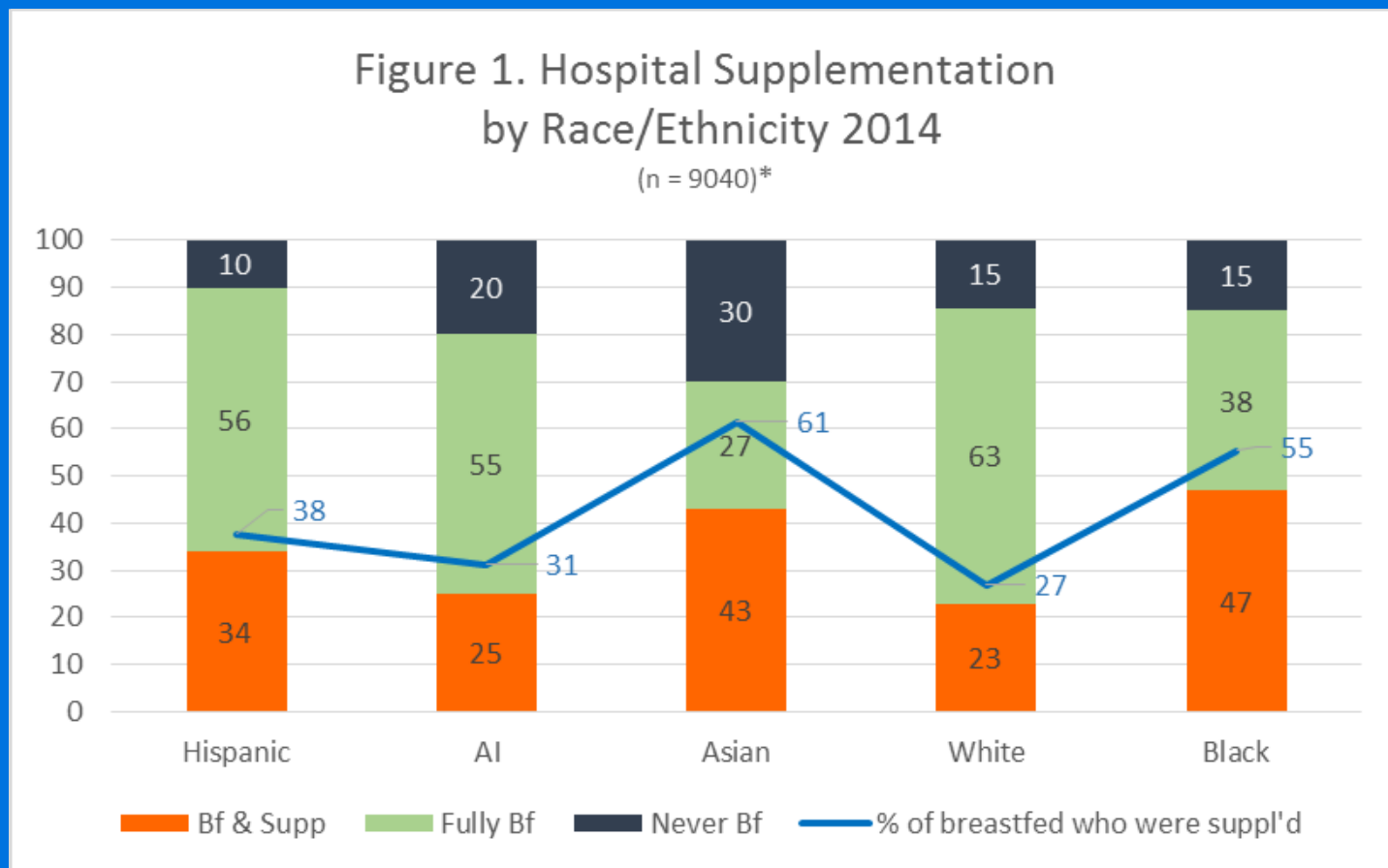
Healthy People 2020 objective is 81.9% for Initiation

Breastfeeding Duration at 12 months in Minnesota WIC by County of Residence, 2013



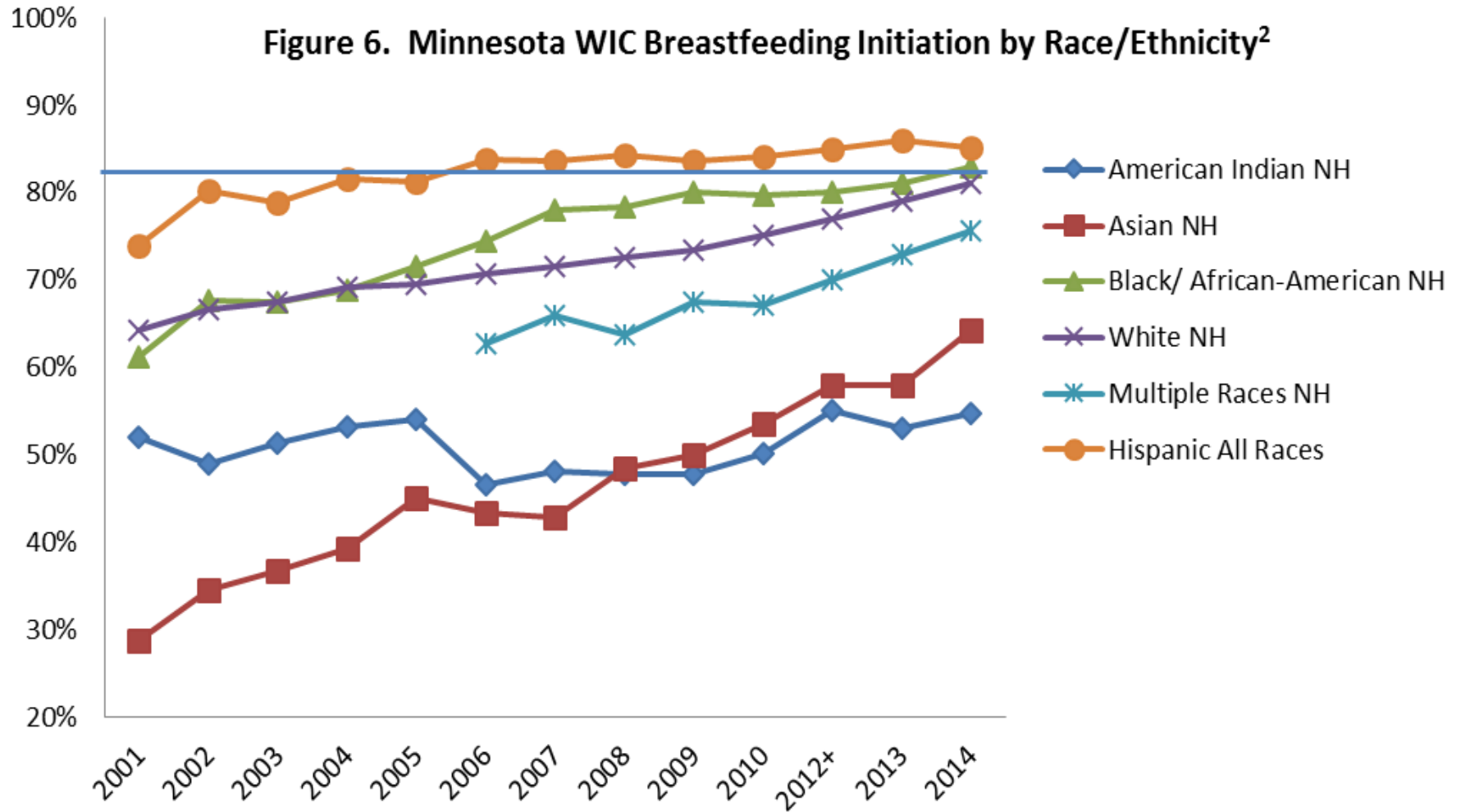
Source: MN-WIC Information System, Births in Calendar Year 2013
Healthy People 2020 objective is 34.1% at 12 months

More work to be done: disparities.



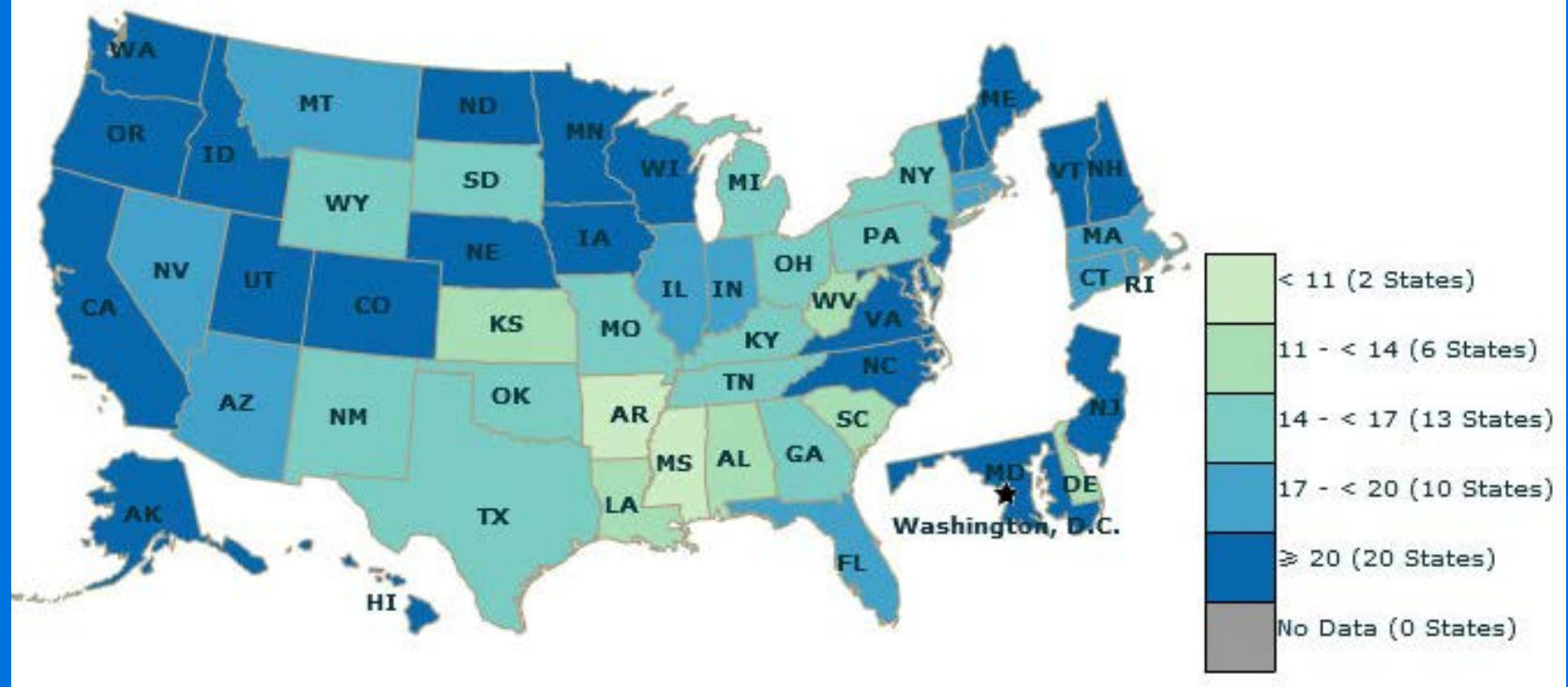
* among infants born in 2014 who were served by an agency with a peer program and who had a value entered for "Breastfeeding Status at Infant Certification"

Figure 6. Minnesota WIC Breastfeeding Initiation by Race/Ethnicity²



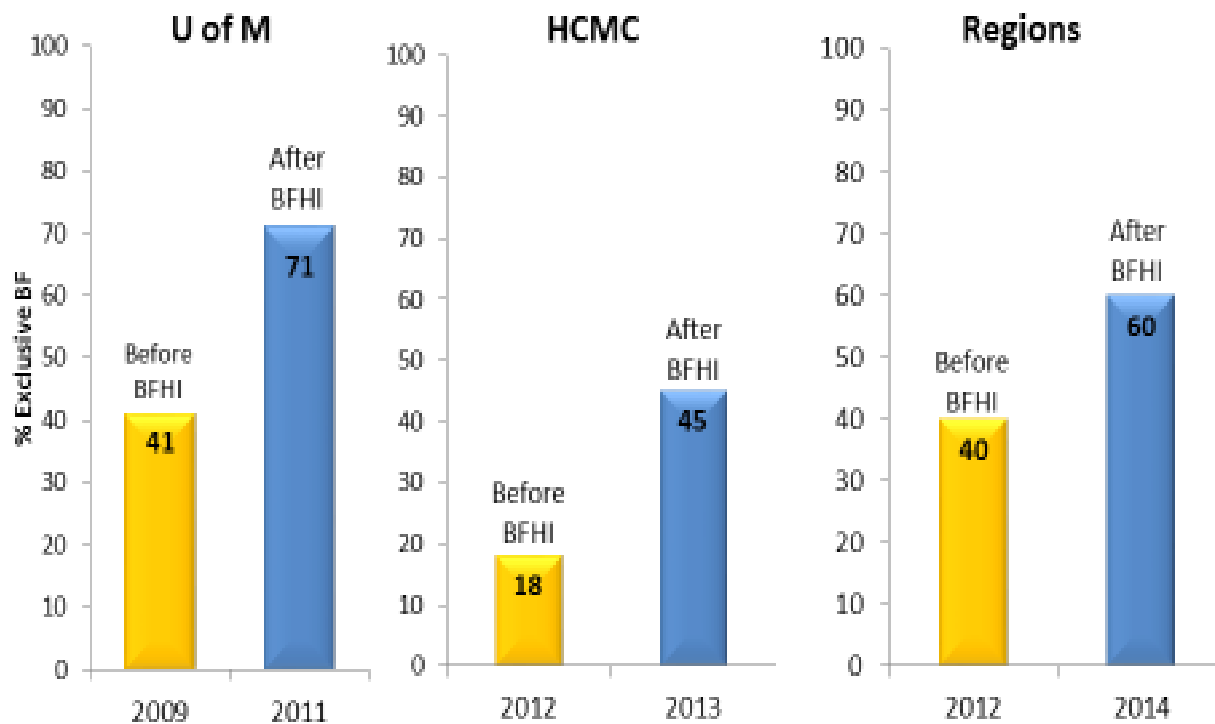
More work to be done: exclusivity.

2011: Percent of infants who were exclusively breastfed through 6 months †‡§

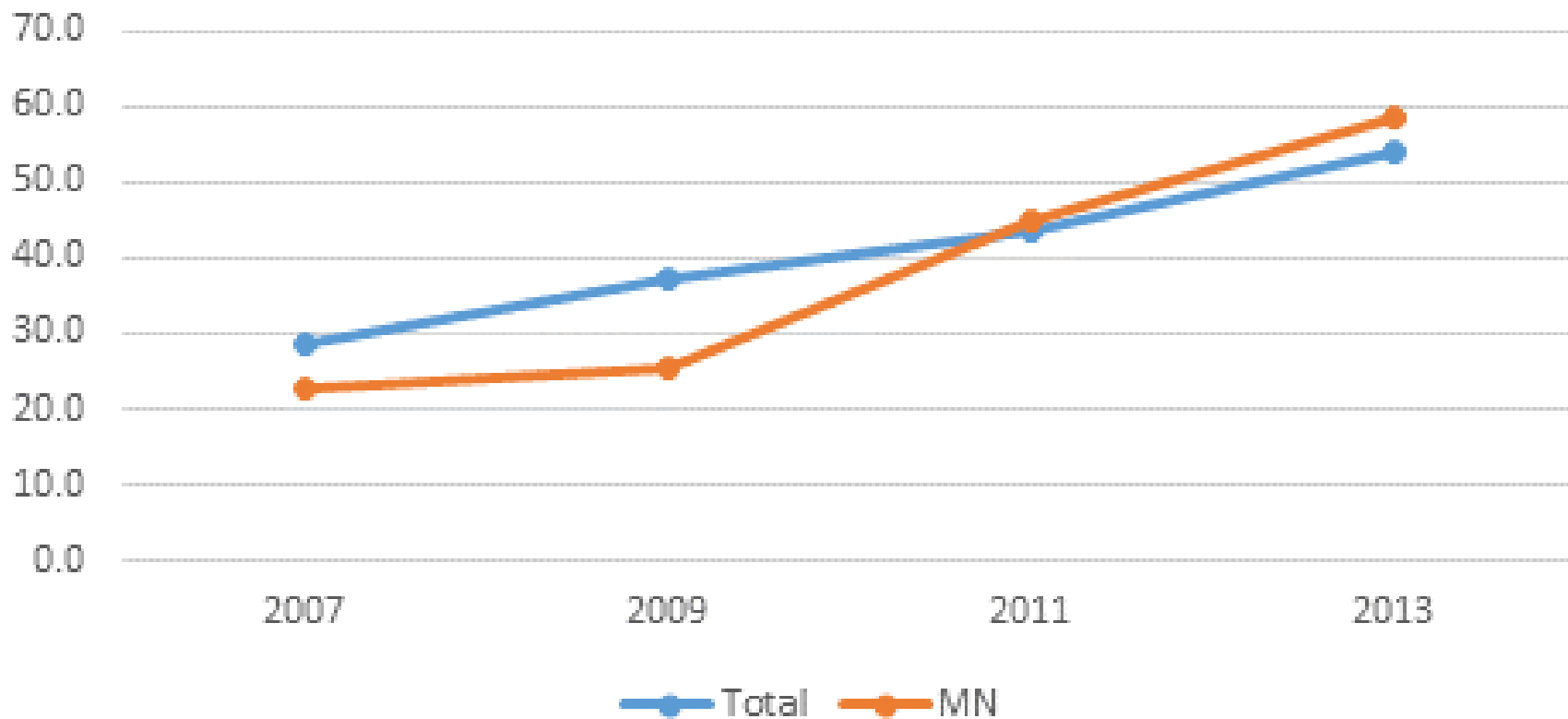


Source: Division of Nutrition, Physical Activity, and Obesity, National Center for Chronic Disease Prevention and Health Promotion

Exclusive Breastfeeding Rates at MN Hospitals after Ten Steps



Percent of Facilities Implementing a Majority (≥ 6) of the Ten Steps



Data Source: Division of Nutrition, Physical Activity, and Obesity, National Center for Chronic Disease Prevention and Health Promotion

Minnesota mPINC 2013

- CDC – Maternity Practices in Infant Nutrition and Care
- Every two years. 2015 data collection going on now.
- Minnesota scored 77 out of 100
- Minnesota ranks 21 out of 53

Minnesota Ranks Poorly

- mPINC 2013:
 - Staff receive...breastfeeding education. 48th
 - Breastfeeding support for employees. 46th
 - Staff teach feeding cues to patients. 43rd
 - Water and glucose water are not used. 41st

Minnesota Ranks Well

- mPINC 2013:
 - Facility does not receive free infant formula. 6th
 - Staff use a standard feeding assessment tool. 6th
 - Supplemental feedings to breastfed infants are rare. 9th
 - Staff provide appropriate discharge planning 9th.

We've come a long way

Thanks for all you've done to make this change happen.

Thanks for all you are doing to promote, protect and support breastfeeding and the health of more mothers and infants.

Breastfeeding in Minnesota

Minnesota Breastfeeding Coalition Annual Meeting, October 23, 2015

Sources of Breastfeeding Data for Minnesota and the US include:

[WIC data on initiation and duration, including some data and maps by county.](#)

[Minnesota WIC Health Indicators Summary \(includes some breastfeeding indicators\)](#)

[CDC Breastfeeding Reports and Data from a variety of sources,](#) including the National Immunization Survey and mPINC.