The simplest things remind us of all that we have to be thankful for.
Background information

- Becker County Community Health is under Human Services Umbrella
- 90+ employees 90% female
- WIC participation was close to 1200
- Received $2000 mini grant from MBC
Goals

- Have a permanent lactation room available
  - For staff
  - For WIC and human services clients
- Increase employees’ knowledge of importance of lactation
- Tie into Business Case for Breastfeeding
Lactation Space

- Needed to consider shared space
- Utilized an existing small conference room

Before pictures of “Cotton Lake”
Repainted room to make it warm, cozy, and inviting
Positive Outcomes

- Great for lactation room, but has had far greater positives than first intended
  - During painting lots of time for education
  - Used for client visits in the office
  - Room is more inviting for child abuse interviews
- Quote from social worker:
  - “I would say that the biggest and most positive change that the room has made is that we are able to get quality interviews because the children are more comfortable and the paint helps with physically being to see the paper”
Lessons Learned

• Dream Big
• Invite Stakeholders
• Be Kind
• Have a sense of humor
A huge thank you to the Minnesota Breastfeeding Coalition for the opportunity