Healthy Minnesota 2020

7th Annual MN Breastfeeding Coalition Statewide Meeting
Tuesday, September 30, 2014
Maplewood, MN
Healthy Minnesota 2020 Vision

All people in Minnesota enjoy healthy lives and healthy communities.
Healthy Minnesota 2020
Themes

- Capitalize on the opportunity to influence health in early childhood
- Assure that the opportunity to be healthy is available everywhere and for everyone
- Strengthen communities to create their own healthy futures
Healthy Minnesota 2020

Healthy Minnesota 2020 Themes

- Capitalize on the opportunity to influence health in early childhood
- Assure that the opportunity to be healthy is available everywhere and for everyone
- Strengthen communities to create their own healthy futures

Key conditions for health

- Prenatal care
- Breastfeeding
- Food security
- On-time high school completion
- Per capita income
- Sense of safety
- Small business development
- Home ownership
- Incarceration justice

Interrelated outcomes

- Improved lifetime health
- Reduced health disparities
- More employment success
- Healthier relationships
- Stable, more cohesive communities
- Stronger, more stable families
- Better education outcomes

Healthy Minnesota 2020 Vision

All people in Minnesota enjoy healthy lives and healthy communities
Breastfeeding: a key condition for health

Healthy Minnesota 2020 Themes

- Capitalize on the opportunity to influence health in early childhood

Key conditions for health

- Prenatal care
- Breastfeeding
- Food security
- Social health
Healthy Minnesota 2020
Strategic Approach

Shifting the conversation about health + Shaping policy to support health
Healthy Minnesota 2020

Stay connected: HM2020 listserv
http://www.health.state.mn.us/healthy
mnppartnership/

Dorothy Bliss
Minnesota Department of Health
dorothy.bliss@state.mn.us