

Step 9: Give No Pacifiers or Artificial Nipples to Breastfeeding Infants

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Step 9: No Pacifiers

- **Pacifiers not routinely given to any baby**
 - Pacifiers not stocked on Postpartum or Labor and Delivery Units. Must be special ordered from Supply Department.
- **Parents can bring in own pacifier (BYOP) but we discourage use until breastfeeding/milk supply is well established**
 - Education begins in prenatal clinics and is reiterated on hospital tour
 - At least 3-4 weeks
- **Education given about impact of pacifier on milk supply and nipple confusion**

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- **Education given about impact of pacifier on milk supply and nipple confusion**
- **Finger sucking for temporary comforting of fussy baby**
 - Encourage frequent breastfeeding!
- **Admission orders :**
 - Pacifier recommendations pre-checked order on standard Term and Late Preterm Infant Order Sets

Pacifier
Frequency: On Demand
Routine, EFFECTIVE NOW starting Today at 2145 Until Specified
Pacifiers are NOT to be given to healthy breastfed infants by health care staff. Parent may supply own pacifier after education given about pacifier use and effect on breastfeeding

LABORATORY

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- **What about SIDS prevention recommendations?**
 - 2012 AAP recommendations “Because pacifier use has been associated with a reduction in SIDS incidence, mothers of healthy term infants should be instructed to use pacifiers at infant nap or sleep time after breastfeeding is well established, at approximately 3 to 4 weeks of age.” American Academy of Pediatrics Policy Statement “Breastfeeding and the Use of Human Milk” released February 27, 2012
- **Pacifiers reserved for medical indications**
 1. Painful procedures (rare- no circumcisions done at our hospital)
 2. Withdrawal symptoms
 3. Phototherapy
 4. Preterm infants in NICU

Step 9 – No Bottles

- **No bottles if formula supplement is needed or requested by mother**
 - flow is too fast, latch issues if use bottle too soon
- **Alternative Feeding methods for medically indicated supplements instead of bottles**
 - cup, finger feeding, spoon, SNS

