



Step 6: Give newborn infants no food or drink other than breastmilk, unless medically indicated

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Step 6: Give only breastmilk unless medically indicated

- Eliminated free diaper bags with formula/coupons
- Pay for all formula like other medical supplies
- Treat formula like medication
- Formula kept in Pyxis (med cabinet)
- Nurse signs out and documents reason formula being given
- Medical indication checklist for formula is part of Newborn Admission orders

Epic Formula Documentation

The screenshot displays the Epic EMR interface. At the top, the patient information for 'Radish, Sally' is shown, including MRN: 0029563987, Room: 0513, Date of Birth: 3/26/1..., Hx: G1P1, Blood Type: None, Code: None, Allergies: Unknown: N..., Attend Prov: ADAM, G, Isolation: None, and Infection: None.

The 'Notes' window is open, titled 'Radish, Sally - New Note by CRONK, BETH F'. The note content includes:

DOCUMENTATION OF REASON FOR FORMULA USE
April 20, 2013 / 12:18 PM
Reason(s) For Giving Baby Formula
{reason for giving formula documentation:304030086}

A red arrow points to the following text, which is highlighted in cyan:

Parental indications: {Parental Indications:304030089}
Maternal medical indications: {FORMULA MATERNAL MEDICAL CONDITIONS:304030091}
Infant medical indications: {FORMULA INFANT INDICATIONS:304030090}

The interface also shows a sidebar with navigation options like Patient Summary, Chart Review, and History, and a bottom taskbar with various application windows.

Formula Documentation:

Parental Choice

- Mother/Family choosing to exclusively formula feed infant
- Mother/Family request formula bottle for breastfed baby
- Reason given in mother/family's words
“ _____ ”
- Mother/Family educated about impact of formula supplements and bottles on Breastfeeding when not medically indicated
- Mother/family informed about best practice recommendation not to use formula bottle for breastfed baby.
- Mother/Family verbalizes understanding and would like to supplement with formula bottle

Formula Documentation:

Maternal Indications

- Maternal illness, ICU care, active untreated TB, active untreated Varicella, Active Herpes Simplex breast lesions, HIV
- Maternal Substance Abuse/Alcohol Abuse
- Maternal Medications contraindicated for breastfeeding
- Maternal Radiologic/medical procedure contraindicated in breastfeeding
- Prior breast surgery/pathology resulting in poor milk production

Formula Documentation:

Infant Indications

Hypoglycemia

and infant unable to breastfeed ; mother unable to express colostrum

Late preterm infant and excessive (5-10 %) weight loss

and mother unable to express adequate amount EBM for age

Term infant > 10% weight loss and delayed lactogenesis II

delayed “milk coming in”

Hyperbilirubinemia and Phototherapy

if low maternal milk supply, poor milk transfer, dehydration

Clinical evidence of dehydration

high sodium, urate crystals >72 hrs of age, dry MM, output < BF log

Infant Metabolic disorder

galactosemia, PKU

Infant unable to feed at the breast

not latching after 24 hrs of age, congenital malformation, infant illness

Adoption/Foster Care of infant

Talking Points: Mom asks for bottle

- Ask WHY?“Tell me more about that.”
- ***Why do you want to give your baby a bottle?***
- ***Why do you think your baby needs formula?***
- ***Explore concerns/reasons and document them***
- ***Education and respect***



- “If you give a bottle of formula you might not make enough milk for your baby”
- “Your body knows just how much milk to make for your baby”
- “Babies cry for many reasons- it does not always mean they are hungry”
- “Formula can change the baby’s gut- different bacteria start to grow and babies can have more gas ... it’s harder to digest formula.”